

# POTATOES

## G6 LUNCH AROUND THE WORLD

BY IRIS CHANG

PHOTOS CREDIT TO GOOGLE

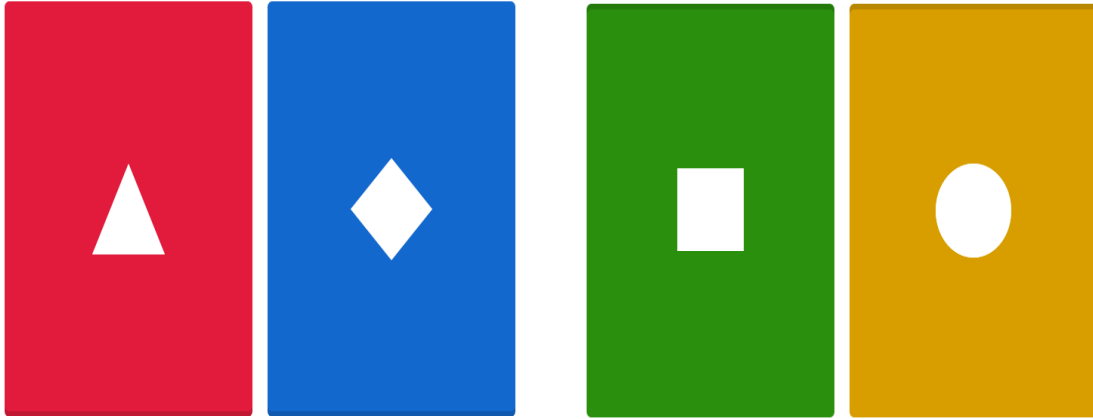
# Class 1

LET'S SEE HOW MUCH YOU KNOW ABOUT  
POTATOES!



Everyone will get 4 cards:

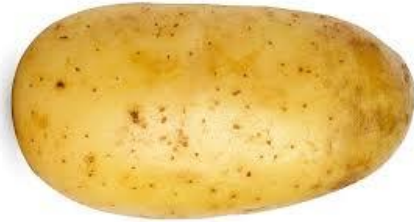
red, blue, green, and yellow



Read the question, choose your answer, and  
show me the card!

1

# The potato is originally from...



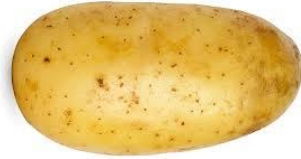
▲ Spain 西班牙

◆ China 中國

● Peru 秘魯

■ the USA 美國

The potato is originally from...



It was grown as a food crop more than  
5,000 years ago.

○ Peru 秘魯

# What are these?

2



▲ yams 地瓜

◆ roots 根

● beans 豆子

■ potatoes 馬鈴薯

# They are...



You can find over 4,000 varieties of native potatoes grown in Peru. They come in every shape and color, including blue, yellow, red, pink and even bright purple.

potatoes 馬鈴薯



3

# Who brought the potato to Europe?

▲ English 英國人

◆ Spanish 西班牙人

● Dutch 荷蘭人

■ Portuguese 葡萄牙人

# Spanish brought the potato to Europe.

◆ Spanish 西班牙人

# What are these?

4



▲ 地瓜葉花

◆ 櫻花

● 馬鈴薯花

■ 牽牛花

They are potato flowers.

4



● 馬鈴薯花

5

# What is the world's largest potato producing country ?

▲ China 中國

◆ Germany 德國

● the USA 美國

■ the UK 英國

5

The world's largest potato producing country is ...

▲ China 中國

# Everything You Need to Know About Potatoes!

# WHAT ARE POTATOES?

Potatoes are from South America.  
They come from Peru!



There are many  
types of potatoes.  
(about 5000!)





# WHAT ARE POTATOES?

-Potatoes are named after the names given to it by the Inca and Taíno people. Taíno for potato is **batata** and Inca for potato is **papa**. In Spain, they say patata. English saw that and said potato.



# WHO EATS POTATOES?

- Almost everybody!
- It is very common in the West, and in South Asia!
- In East Asia, particularly Southeast Asia, **rice** is by far the predominant crop.

# WHO EATS POTATOES?

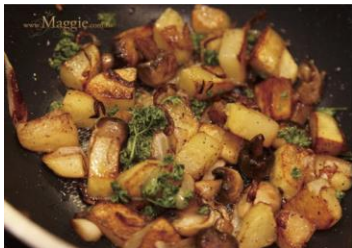


It became so important, that a disease (potato blight) once took out all the potatoes in Ireland so there was a Great Famine in 1845-1851. (愛爾蘭大饑荒)

Many people died (1,000,000) because of the shortage of potatoes.



# POTATOES ARE EVERYWHERE!





# POTATOES IN ART



***The Potato Eaters*** by **Van Gogh**, 1885 (Van Gogh Museum) 位於荷蘭阿姆斯特丹

# POTATOES IN ART



*The Angelus* by [Jean-François Millet](#), 1857-59 ([Musée d'Orsay](#)) 位於法國巴黎奧塞美術館

# POTATOES IDIOMS



## Couch Potato

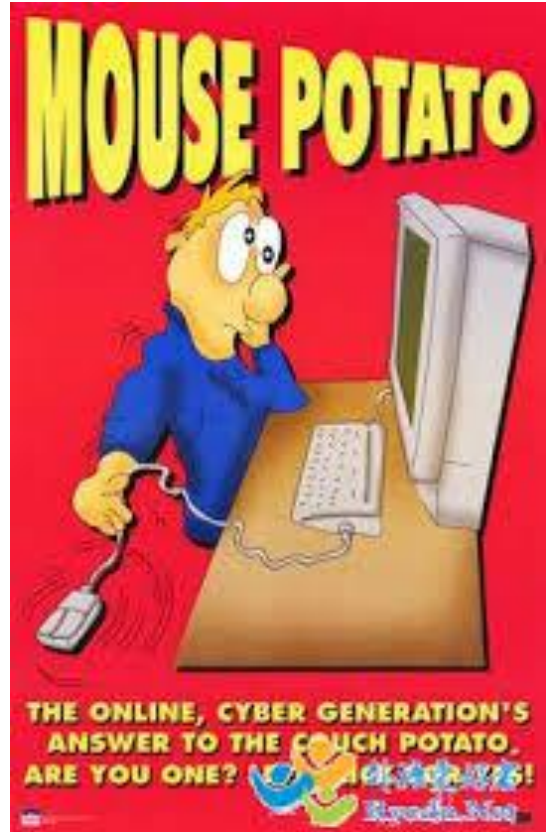


### MEANING:

A person who spends a lot of time watching television with little or no physical activity.

### EXAMPLE:

Stop being a couch potato! Turn off the TV and go out and do something with your life.



# POTATOES IDIOMS

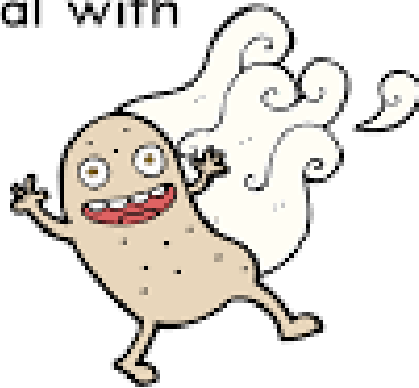
## a hot potato

phrase

an issue or problem that people  
don't want to deal with

Example:

"Gun laws are a  
political hot potato in  
the United States."





# POTATOES AS TOYS AND GAMES



# LET'S PLAY HOT POTATO (IF TIME ALLOWED)

- Listen to the music. While it plays, toss a toy potato.
- When the music stops, the student with the potato is out.
- Continue the game until there is only one left.



# Extra: Potato Stamps

**Cut a shape in a potato.  
Dip it in paint.  
Smack on paper.  
Make potato art!**



# Class 2

**Are you craving  
potatoes now?**

# *How to make* **Easy Homemade Mashed Potatoes**



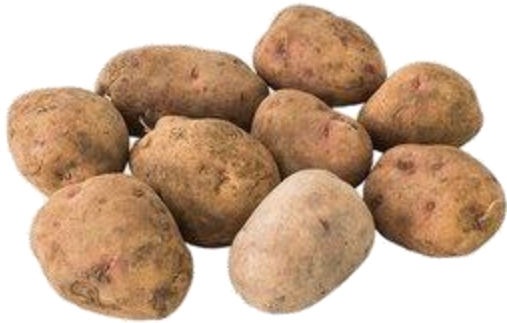
<https://www.youtube.com/watch?v=BA6j4uN-4-I&feature=youtu.be>



# Let's make some mashed potatoes!



# What do you need?



potato masher or a ricer





Created by Shangshih

# MASHED POTATOES

## Ingredients:

- Yukon Gold Potatoes
- Cold water
- Unsalted Butter & Milk
- Salt & Pepper

## Extra:

- Chives
- GRAVY!





Created by Shangshih

# MASHED POTATOES

## Steps:

- Cut potatoes
- Cover with cold water
- Bring to a boil (15 Mins)
- Drain potatoes
- Add butter and stir
- Add milk bit by bit and stir
- Add extras(optional)
- Plating and Enjoy!

# Plating ideas...



# More plating ideas...



# IT'S YOUR TURN!

