




Sandwiches Around the World

Unit 1: Hola! Bonjour! Hello Sandwiches | Class: #: Name:



Build Your Own Sandwich

Use the sandwich guide to create your own sandwich!

	Step 1: Choose your Bread 	Step 2: Choose (1 or 2) Spreads 	Step 3: Choose (1 or 2) Fillings 	Step 4: Choose (2 to 3) vegetables 
1	<input type="checkbox"/> English muffin (6) 英式鬆餅	<input type="checkbox"/> Mayonnaise 美乃滋/蛋黃醬	<input type="checkbox"/> Tuna 鮪魚肉	<input type="checkbox"/> Cucumbers (24 slices) 小黃瓜切片
2	<input type="checkbox"/> Pita bread (6) 皮塔餅/口袋餅乾	<input type="checkbox"/> Mustard 芥末醬	<input type="checkbox"/> Dried Pork Floss 豬肉鬆	<input type="checkbox"/> Alfalfa sprouts 苜蓿芽
3	<input type="checkbox"/> French bread (6) 法式長棍麵包	<input type="checkbox"/> Peanut Butter 花生醬	<input type="checkbox"/> Dried Seaweed 海苔	<input type="checkbox"/> Bell peppers (12 rings) 甜椒切圈
4	<input type="checkbox"/> Shaobing (6) 燒餅	<input type="checkbox"/> Honey mustard 蜂蜜芥末醬	<input type="checkbox"/> Cheese 起司	<input type="checkbox"/> Lettuce (12 pcs)** 萵苣
5	<input type="checkbox"/> Bagel (6) 貝果	<input type="checkbox"/> Butter 奶油	<input type="checkbox"/> Ham 火腿片	<input type="checkbox"/> Tomato slices (12 slices) 番茄切片
6	<input type="checkbox"/> White bread (18) 白吐司	<input type="checkbox"/> Cream cheese 奶油起司	<input type="checkbox"/> Firm tofu 硬豆腐	<input type="checkbox"/> Onions (12 slices) 洋蔥切片
7	<input type="checkbox"/> Your Choice _____	<input type="checkbox"/> Your Choice _____	<input type="checkbox"/> Your Choice _____	<input type="checkbox"/> Your Choice _____

*Group Checklist (bring enough for your entire group)

	Items to bring	Name of student(s) bringing the item
1	Bread (type of bread):	
2	Spread (1-2):	
3	Filling (1-2):	
4	Vegetables (2-3):	

*Please note: Everyone needs to bring their own food container.