

NEW NORMAL

SAFE VISITING



**Meet online
where possible**



**Visit only regular
close contacts**



**DON'T host or attend
multiple gatherings
within a day**



**DON'T visit or
host others if you're sick**

Use TraceTogether App or Token



TraceTogether

If you are sick



**Wear a
surgical mask**



See a doctor



Stay at home



**DON'T
doctor-hop**

**See a doctor early
if you have mild
flu-like symptoms**



Do not spread rumours

Get the latest on COVID-19 by signing up for the Gov.sg WhatsApp channel (www.go.gov.sg/whatsapp). The service is available in English, Chinese, Malay and Tamil.

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